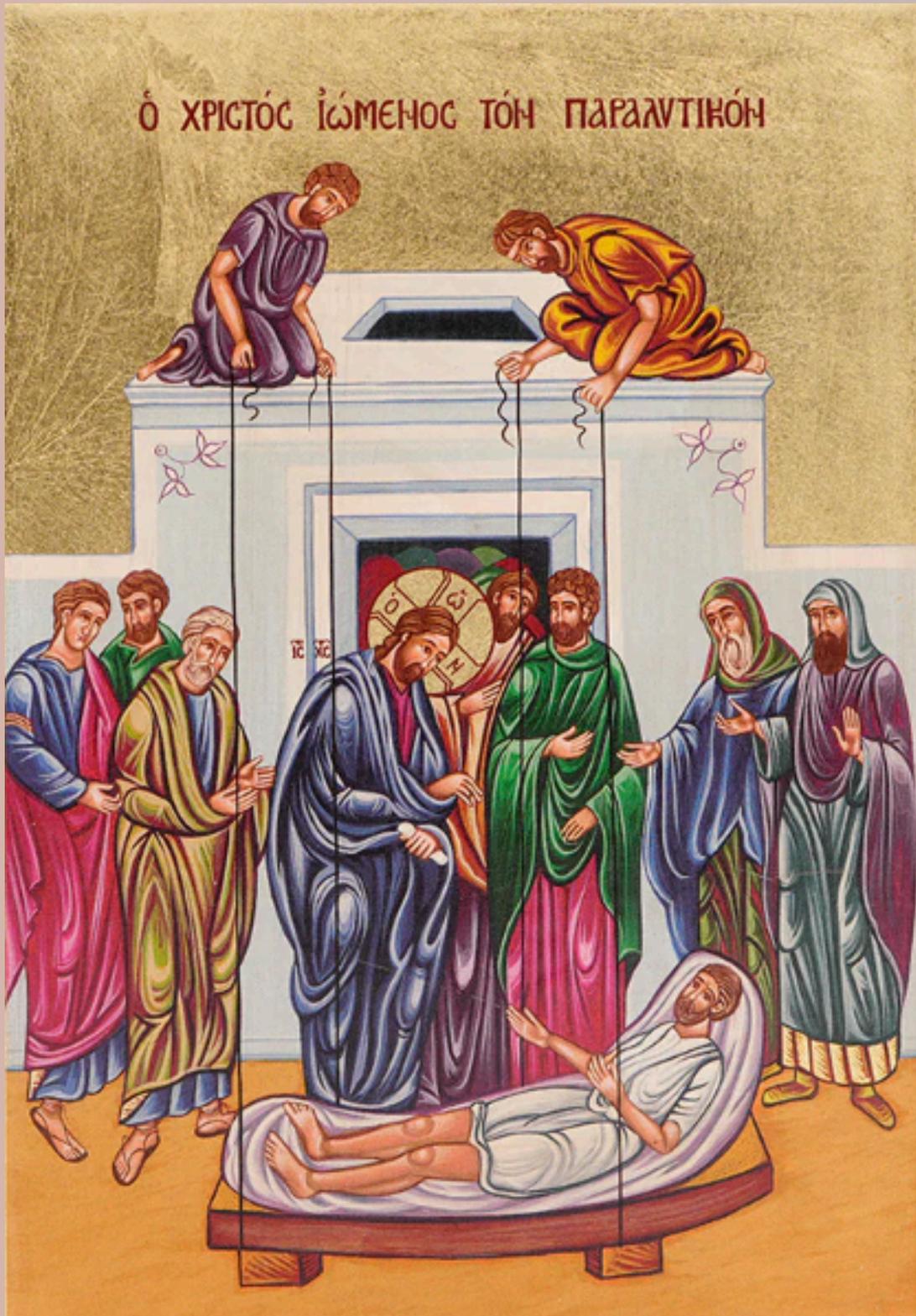
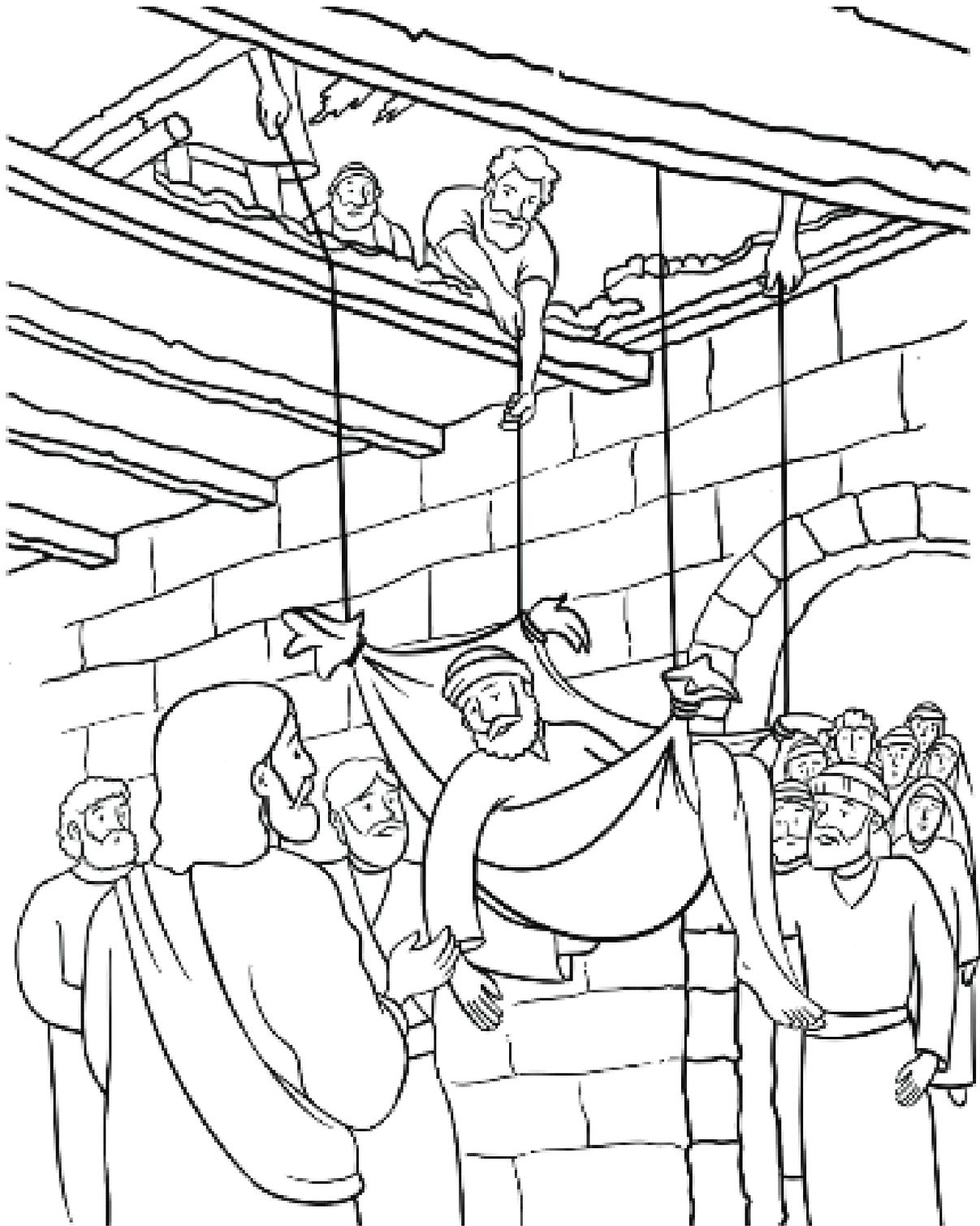


Second Sunday of the Great Fast

March 1, 2026



Coloring Icons



Hebrews 1:10-2:3

And,
“Thou, Lord, didst found the earth in the beginning,
and the heavens are the work of thy hands;
they will perish, but thou remainest;
they will all grow old like a garment,
like a mantle thou wilt roll them up,
and they will be changed.

But thou art the same,
and thy years will never end.”

But to what angel has he ever said,
“Sit at my right hand,
till I make thy enemies
a stool for thy feet”?

Are they not all ministering spirits sent forth
to serve, for the sake of those who are to
obtain salvation?

Therefore we must pay the closer attention to
what we have heard, lest we drift away from it.
For if the message declared by angels was
valid and every transgression or disobedience
received a just retribution, how shall we
escape if we neglect such a great salvation? It
was declared at first by the Lord, and it was
attested to us by those who heard him...

Mark 2:1-12

And when he returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Caught you Listening

MARCH 1, 2026

○ Gospel: Mark 2:1-12

Jesus was so famous that people crowded all around him, everywhere he went. Our Gospel reading today tells the story of people trying to get to Jesus, to hear him preach the word, and to receive a gift from him. What gift did Jesus give to the paralytic today?

Follow the directions to change the PARALYTIC into Jesus' gift.

Directions

Re-write letters here

PARALYTIC

1. Change the second letter to an O.
2. Add two S to the end of the word.
3. Change the 1st letter to a G and the 8th letter to an E.
4. Make the 7th letter the same as the 8th letter.
5. Change letters 4,5 and 6 from A L Y to F I V.
6. Reverse the 1st and 4th letters.
7. Reverse the 8th and 9th letters and change C to N.

The healing of a paralytic

N	E	W	B	E	G	I	N	N	I	N	G	I	B	F
A	V	G	H	I	N	A	C	R	O	W	D	E	N	O
C	A	P	E	R	N	A	U	M	N	R	M	N	U	R
U	A	E	W	A	L	K	B	E	N	I	S	T	N	G
R	V	J	M	I	F	G	Z	E	S	P	I	F	E	I
O	I	E	O	F	H	A	U	I	H	L	P	S	T	V
O	L	S	T	P	L	E	U	Z	A	K	R	I	U	E
F	T	U	E	I	A	U	A	F	G	N	V	N	B	P
D	O	S	K	R	V	R	A	L	E	S	N	S	N	T
R	O	E	Z	S	E	O	A	P	I	E	H	E	P	H
T	R	D	W	T	S	E	A	L	N	N	E	N	E	G
W	O	N	D	E	R	I	E	R	Y	H	G	G	R	O
O	P	R	H	J	K	V	I	E	U	T	K	O	K	D
F	A	I	T	H	A	O	E	N	D	R	I	N	Z	A
S	C	H	R	E	S	C	R	I	B	E	S	C	T	E
P	E	O	P	L	E	R	N	M	R	U	I	E	N	P

words: (horizontally -, vertically |, diagonally /)

NEW BEGINNING

PEOPLE

GOD

SINS

CAPERNALIM

JESUS

SCRIBES

FAITH

FORGIVE

WALK

PARALYTIC

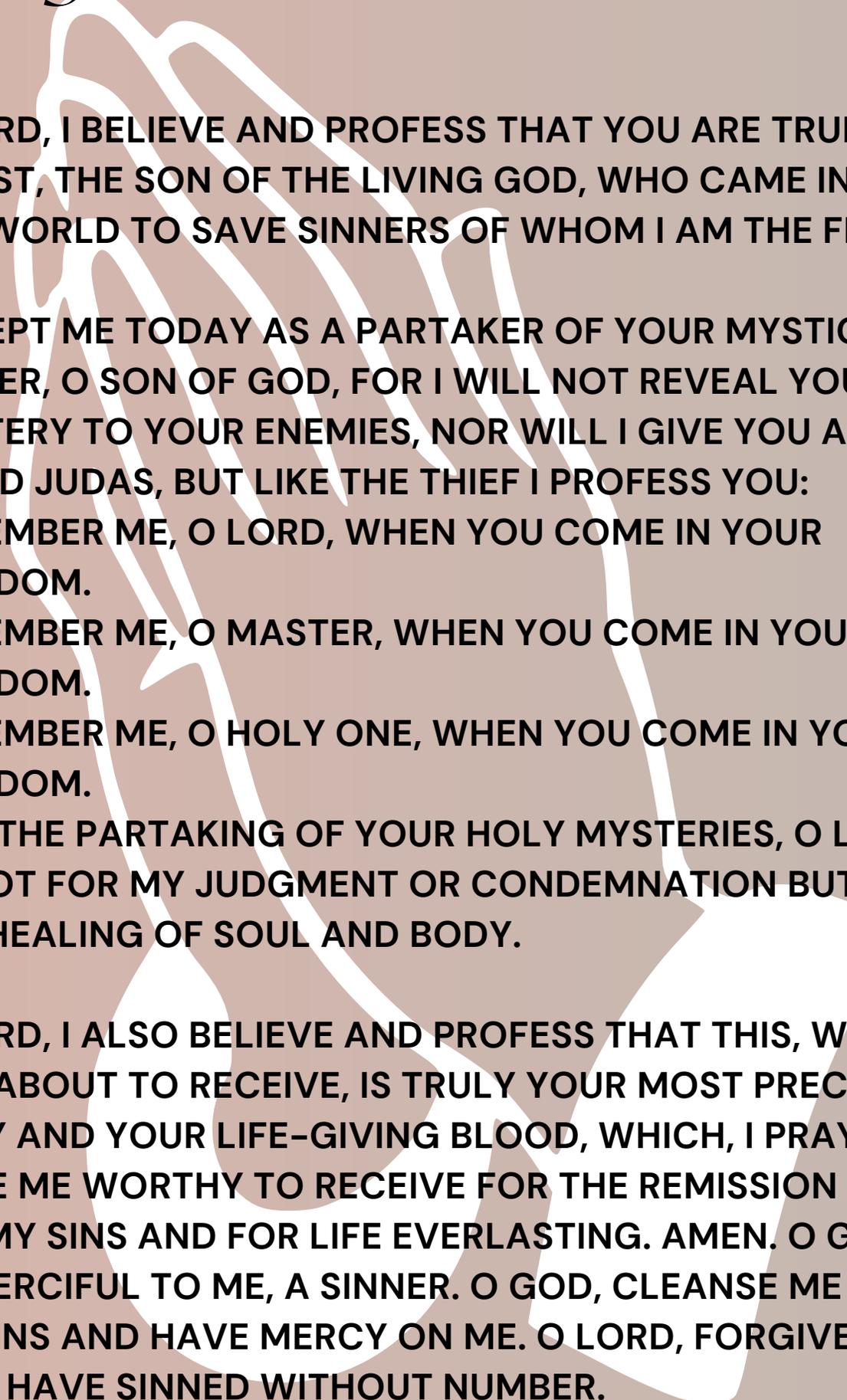
CROWD

ROOF

HEALING

WONDER

Prayer before Communion



O LORD, I BELIEVE AND PROFESS THAT YOU ARE TRULY CHRIST, THE SON OF THE LIVING GOD, WHO CAME INTO THE WORLD TO SAVE SINNERS OF WHOM I AM THE FIRST.

ACCEPT ME TODAY AS A PARTAKER OF YOUR MYSTICAL SUPPER, O SON OF GOD, FOR I WILL NOT REVEAL YOUR MYSTERY TO YOUR ENEMIES, NOR WILL I GIVE YOU A KISS AS DID JUDAS, BUT LIKE THE THIEF I PROFESS YOU: REMEMBER ME, O LORD, WHEN YOU COME IN YOUR KINGDOM.

REMEMBER ME, O MASTER, WHEN YOU COME IN YOUR KINGDOM.

REMEMBER ME, O HOLY ONE, WHEN YOU COME IN YOUR KINGDOM.

MAY THE PARTAKING OF YOUR HOLY MYSTERIES, O LORD, BE NOT FOR MY JUDGMENT OR CONDEMNATION BUT FOR THE HEALING OF SOUL AND BODY.

O LORD, I ALSO BELIEVE AND PROFESS THAT THIS, WHICH I AM ABOUT TO RECEIVE, IS TRULY YOUR MOST PRECIOUS BODY AND YOUR LIFE-GIVING BLOOD, WHICH, I PRAY, MAKE ME WORTHY TO RECEIVE FOR THE REMISSION OF ALL MY SINS AND FOR LIFE EVERLASTING. AMEN. O GOD, BE MERCIFUL TO ME, A SINNER. O GOD, CLEANSE ME OF MY SINS AND HAVE MERCY ON ME. O LORD, FORGIVE ME FOR I HAVE SINNED WITHOUT NUMBER.

Items to Remember

Provided by St. Athanasius

