

# First Sunday of the Great Fast

February 22, 2026



# Coloring Icons



## Hebrews 11:24-26, 32-12:2

By faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated— of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

## John 1:43-51

The next day Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

# Caught you Listening

**FEBRUARY 22, 2026**

## ○ **Gospel: John 1: 43-51**

In today's Gospel, we meet some of Jesus' apostles.

How many of them can you name?

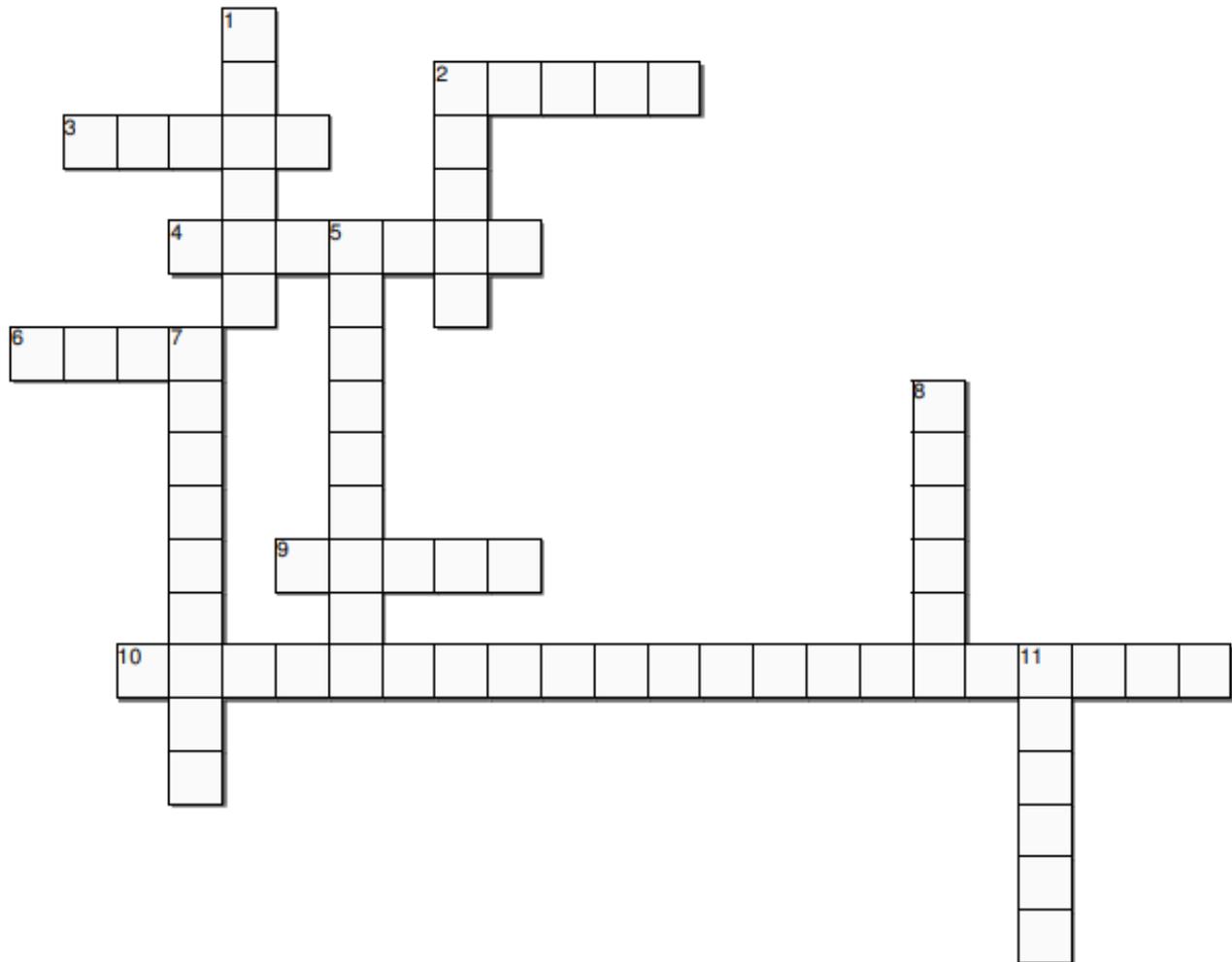
How many apostles are there? \_\_\_\_\_

P \_\_\_\_\_ A \_\_\_\_\_ J \_\_\_\_\_ J \_\_\_\_\_ T \_\_\_\_\_  
J \_\_\_\_\_ P \_\_\_\_\_

B \_\_\_\_\_ M \_\_\_\_\_ S \_\_\_\_\_ J \_\_\_\_\_ J \_\_\_\_\_

After Judas Iscariot died, who took his place? M \_\_\_\_\_

# The Twelve Disciples



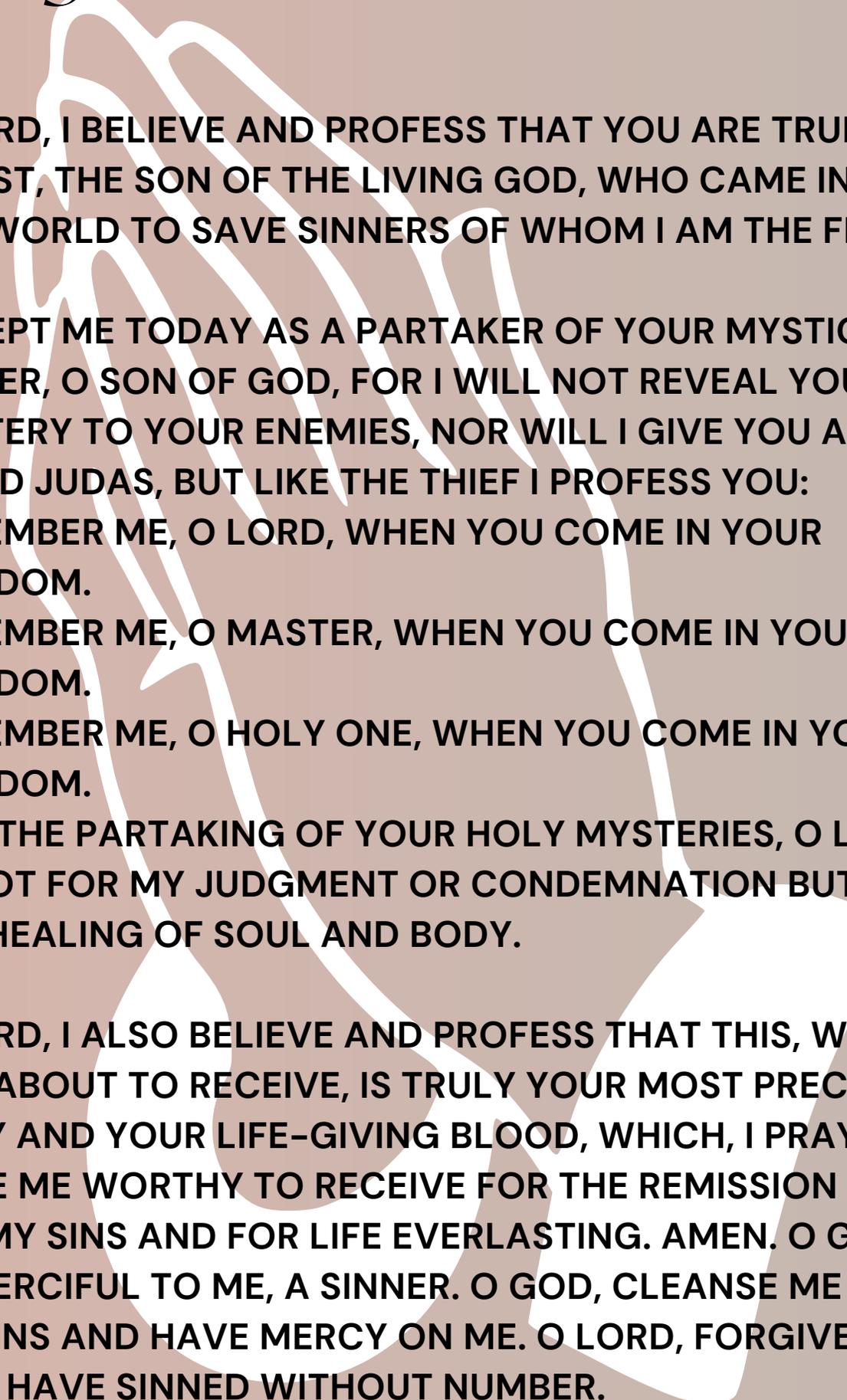
## **Across**

2. The disciple who betrayed Jesus, first name only (Matthew 10:4)
3. Also goes by 'the Zealot' (Matthew 10:4)
4. The tax collector, also known as Levi (Matthew 9:9)
6. The other son of Zebedee (Matthew 4:21)
9. Also goes by 'Simon' (Matthew 4:18)
10. Shares his name with another disciple (Matthew 10:3)

## **Down**

1. Known for doubting Jesus (John 20:27)
2. One of the sons of Zebedee (Matthew 4:21)
5. The tenth listed disciple (Mark 3:16-19)
7. Philip led this person to Jesus, also known as 'Bartholomew' (John 1:45)
8. Jesus found him on the way to Galilee (John 1:43)
11. Peter's brother (Matthew 4:18)

# Prayer before Communion



**O LORD, I BELIEVE AND PROFESS THAT YOU ARE TRULY CHRIST, THE SON OF THE LIVING GOD, WHO CAME INTO THE WORLD TO SAVE SINNERS OF WHOM I AM THE FIRST.**

**ACCEPT ME TODAY AS A PARTAKER OF YOUR MYSTICAL SUPPER, O SON OF GOD, FOR I WILL NOT REVEAL YOUR MYSTERY TO YOUR ENEMIES, NOR WILL I GIVE YOU A KISS AS DID JUDAS, BUT LIKE THE THIEF I PROFESS YOU: REMEMBER ME, O LORD, WHEN YOU COME IN YOUR KINGDOM.**

**REMEMBER ME, O MASTER, WHEN YOU COME IN YOUR KINGDOM.**

**REMEMBER ME, O HOLY ONE, WHEN YOU COME IN YOUR KINGDOM.**

**MAY THE PARTAKING OF YOUR HOLY MYSTERIES, O LORD, BE NOT FOR MY JUDGMENT OR CONDEMNATION BUT FOR THE HEALING OF SOUL AND BODY.**

**O LORD, I ALSO BELIEVE AND PROFESS THAT THIS, WHICH I AM ABOUT TO RECEIVE, IS TRULY YOUR MOST PRECIOUS BODY AND YOUR LIFE-GIVING BLOOD, WHICH, I PRAY, MAKE ME WORTHY TO RECEIVE FOR THE REMISSION OF ALL MY SINS AND FOR LIFE EVERLASTING. AMEN. O GOD, BE MERCIFUL TO ME, A SINNER. O GOD, CLEANSE ME OF MY SINS AND HAVE MERCY ON ME. O LORD, FORGIVE ME FOR I HAVE SINNED WITHOUT NUMBER.**

# Items to Remember

Provided by St. Athanasius

