

# 1st Sunday of The Great Fast Orthodox Sunday

March 9, 2025



# Coloring Icons

The Triumph of



ORTHODOXY

# Hebrews:24-

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## 26, 32-12:2

24 BY FAITH MOSES, WHEN HE HAD GROWN UP, REFUSED TO BE CALLED A SON OF PHARAOH'S DAUGHTER. 25 HE PREFERRED TO BE ILL-TREATED ALONG WITH THE PEOPLE OF GOD RATHER THAN TO ENJOY THE FLEETING PLEASURES OF SIN. 26 HE CONSIDERED THAT ABUSE SUFFERED FOR THE SAKE OF THE MESSIAH WAS A MORE PRECIOUS GIFT THAN ALL THE TREASURES OF EGYPT, FOR HE WAS LOOKING AHEAD TO THE FINAL REWARD.

32 THE FAITH OF THE JUDGES AND PROPHETS. WHAT MORE SHALL I SAY? TIME IS TOO SHORT FOR ME TO SPEAK OF GIDEON, BARAK, SAMSON, AND JEPHTAH, OF DAVID AND SAMUEL AND THE PROPHETS,[A] 33 WHO BY FAITH CONQUERED KINGDOMS, ADMINISTERED JUSTICE, AND OBTAINED THE PROMISES. THEY CLOSED THE MOUTHS OF LIONS,[B] 34 QUENCHED RAGING FIRES,[C] AND ESCAPED THE EDGE OF THE SWORD. THEIR WEAKNESS WAS TURNED INTO STRENGTH AS THEY BECAME MIGHTY IN BATTLE AND PUT FOREIGN ARMIES TO FLIGHT.

35 WOMEN RECEIVED THEIR DEAD[D] BACK THROUGH RESURRECTION. OTHERS WHO WERE TORTURED REFUSED TO ACCEPT RELEASE IN ORDER TO OBTAIN A BETTER RESURRECTION. 36 STILL OTHERS WERE MOCKED AND SCOURGED, EVEN TO THE POINT OF ENDURING CHAINS AND IMPRISONMENT.

37 THEY WERE STONED,[E] OR SAWED IN TWO, OR PUT TO DEATH BY THE SWORD. THEY WENT ABOUT IN SKINS OF SHEEP OR GOATS—DESTITUTE, PERSECUTED, AND TORMENTED. 38 THE WORLD WAS NOT WORTHY OF THEM. THEY WANDERED ABOUT IN DESERT AREAS AND ON MOUNTAINS, AND THEY LIVED IN DENS AND CAVES OF THE EARTH.

39 YET ALL THESE, EVEN THOUGH THEY WERE COMMENDED FOR THEIR FAITH, DID NOT RECEIVE WHAT WAS PROMISED. 40 FOR GOD HAD MADE PROVISION FOR US TO HAVE SOMETHING BETTER, AND THEY WERE NOT TO ACHIEVE PERFECTION EXCEPT WITH US.[F] LET US RUN WITH EYES FIXED ON JESUS[G]

### CHAPTER 12

YOU HAVE NOT YET RESISTED TO THE POINT OF BLOODSHED. 1 THEREFORE, SINCE WE ARE SURROUNDED BY SUCH A GREAT CLOUD OF WITNESSES,[H] LET US THROW OFF EVERYTHING THAT WEIGHS US DOWN AND THE SINS THAT SO EASILY DISTRACT US AND WITH PERSEVERANCE RUN THE RACE THAT LIES AHEAD OF US, 2 WITH OUR EYES FIXED ON JESUS, THE AUTHOR AND PERFECTER OF OUR FAITH. FOR THE SAKE OF THE JOY THAT LAY BEFORE HIM, HE ENDURED THE CROSS, IGNORING ITS SHAME, AND IS NOW SEATED AT THE RIGHT HAND OF THE THRONE OF GOD.

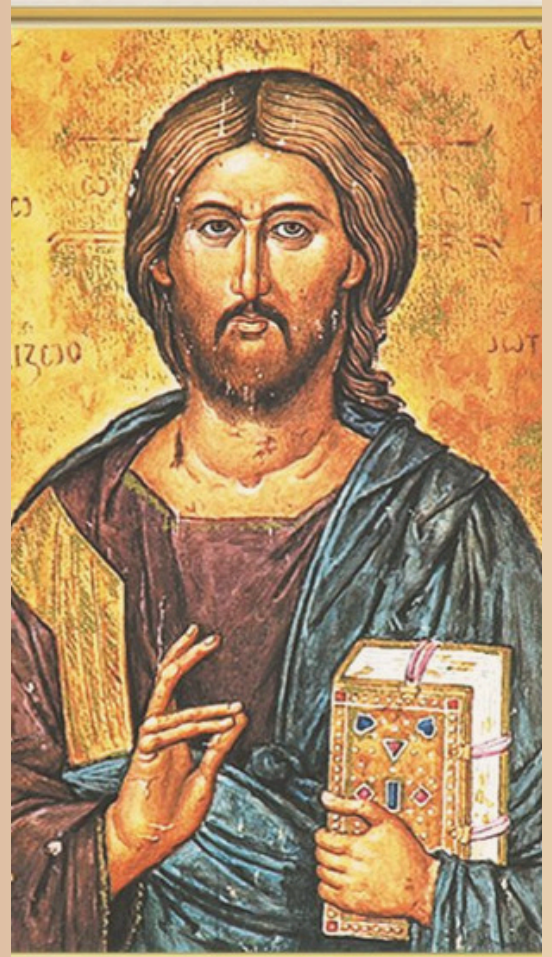
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# John

## 1:43-51

**43** The next day Jesus[a] decided to go to Galilee. Encountering Philip, he said to him, "Follow me." **44** Philip came from the same town, Bethsaida,[b] as Andrew and Peter. **45** Philip found Nathanael[c] and said to him, "We have found the one about whom Moses in the Law and also the Prophets wrote—Jesus the son of Joseph, from Nazareth." **46** Nathanael said to him, "Can anything good come from Nazareth?" Philip replied, "Come and see."

**47** When Jesus saw Nathanael coming toward him, he said of him, "Behold, a true Israelite, in whom there is no deception." [d] **48** Nathanael asked him, "How do you know me?" Jesus answered him, "Before Philip summoned you, when you were under the fig tree,[e] I saw you." **49** Nathanael said to him, "Rabbi, you are the Son of God. You are the King of Israel." **50** Jesus responded, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than that." **51** Then he added, "Amen, amen, I say to you, you will see the heavens opened and the angels of God ascending and descending upon the Son of Man."



# Caught you Listening

In today's gospel, several Israeli towns and regions are mentioned. Match the first column to the second (you may need to get out your Bible and re-read the Gospel).

Jesus decided to go here

Philip's hometown

Where Jesus met Philip

The city of Andrew and Peter

Jesus' hometown

Nazareth

Galilee

Bethsaida

Galilee

Bethsaida

# John 1:43-51

P T A K E E E T Q K B U V K P  
N J T S R M M V N Q H F M J L  
L L I B W P Z J C I E K P B A  
Y G S H Z K Q D B F H O L G W  
E N C O U N T E R I N G N F D  
X G B M H D U X O C M M F R C  
P I A E Q M E Y S I V M O T U  
H N S L T A J C C S K E V A W  
I V A R I H I Q E G S B P B G  
L W Q Z A L S B M P U S P M A  
I M F M A E E A T M T O J P L  
P O I W U R L E I R C I D Z I  
O S G W I I E I F D E V O Q L  
X E K L E A Q T T I A E Z N E  
Z S F W C N A D H E Z G F R E

Encountering

Bethsaida

Israelite

tree

Nazareth

Galilee

deception

fig

Galilee

law

Philip

Moses

# Prayer before Communion

**O LORD, I BELIEVE AND PROFESS THAT YOU ARE TRULY CHRIST, THE SON OF THE LIVING GOD, WHO CAME INTO THE WORLD TO SAVE SINNERS OF WHOM I AM THE FIRST.**

**ACCEPT ME TODAY AS A PARTAKER OF YOUR MYSTICAL SUPPER, O SON OF GOD, FOR I WILL NOT REVEAL YOUR MYSTERY TO YOUR ENEMIES, NOR WILL I GIVE YOU A KISS AS DID JUDAS, BUT LIKE THE THIEF I PROFESS YOU: REMEMBER ME, O LORD, WHEN YOU COME IN YOUR KINGDOM.**

**REMEMBER ME, O MASTER, WHEN YOU COME IN YOUR KINGDOM.**

**REMEMBER ME, O HOLY ONE, WHEN YOU COME IN YOUR KINGDOM.**

**MAY THE PARTAKING OF YOUR HOLY MYSTERIES, O LORD, BE NOT FOR MY JUDGMENT OR CONDEMNATION BUT FOR THE HEALING OF SOUL AND BODY.**

**O LORD, I ALSO BELIEVE AND PROFESS THAT THIS, WHICH I AM ABOUT TO RECEIVE, IS TRULY YOUR MOST PRECIOUS BODY AND YOUR LIFE-GIVING BLOOD, WHICH, I PRAY, MAKE ME WORTHY TO RECEIVE FOR THE REMISSION OF ALL MY SINS AND FOR LIFE EVERLASTING. AMEN. O GOD, BE MERCIFUL TO ME, A SINNER. O GOD, CLEANSE ME OF MY SINS AND HAVE MERCY ON ME. O LORD, FORGIVE ME FOR I HAVE SINNED WITHOUT NUMBER.**

# Items to Remember