



*Welcome to St. Athanasius the Great  
Byzantine Catholic Church*

***“Glory to Jesus Christ! Glory to Him forever!”  
Slava Isusu Christu! Slava naviky Bohu sviatomu!***

**Congratulation and blessings to Jasmine Marie Mansfield &  
Jack Winn Mansfield III on receiving of Mystery of Chrismation.  
Many blessed and happy years.**

O guide to wisdom and giver of insight, teacher of the ignorant and protector of the poor, strengthen and enlighten my heart, O Master. Word of the Father, give me words for, behold, I do not restrain my lips from crying out to you: O merciful Lord, have mercy on me, for I have fallen.

**(Kontakion of Cheese Fare Sunday)**

**Need to request an appointment with Father?**

Father is available for confession or spiritual direction by appointment, and he welcomes you to contact him whenever you need him.

**Prayers for the sick or other intentions:**

If you have a special intention for the sick, birthdays, or deceased, need to request a Liturgy or other service to be offered for someone please give a note, text, or call Father at 216-532-6364.

**Opportunities to help with fundraising...we are called into service**

Currently, our parish is unable to exist without fundraising initiatives. Our most successful venture over the years has proved to be the traditional pierogi and European baked goods made in our commercial kitchen and sold at the various local Farmers' Market venues. **Volunteers are always needed to help with the baking and selling.** Cleaning the work areas and equipment is also a welcome opportunity to serve (can be an evening after work). **You are always needed, even if it is for a couple of hours.** **The Winter Carmel Market started October 19 and continues every Saturday until March 29, 2025. Bakery activities continue Tuesday through Friday. Please contact Father Mykhaylo, to schedule a workable day and time (Tuesday through Saturday) for you and/or your family.**

**Opportunities For Service At St. Athanasius**

- This year's Winter Market (Oct 19 – March 29) has begun and requires at least one able-bodied volunteer every Saturday morning at 6:40 AM at the church hall to load the van with products, drive the van to the market, unload the van, reload the van with unsold products at market close (noon), drive the van back to the hall, unload the van, take product inventory and store products appropriately in the hall. Additional volunteers, at least 2, are needed to sell products (9:00-noon) at the market. Someone is needed to manage this.
- Pierogi pinchers and bakers are always needed (Tuesday through Friday with pierogi making typically on Wednesday).
- Our worship space needs to be kept maintained; plants watered, candles filled, carpet vacuumed.
- Our social space needs to be kept clean and organized, including bathrooms. Please clean up chairs as well as tables in the hall.
- Items for the food pantry are always needed; (food [cans with pop tops are appreciated], toiletries, cereal, carton milk, crackers, peanut butter)
- Bags for the food pantry need to be assembled every week.
- In the garden: soil preparation (laying down cardboard & cover with leaves)
- Plastic grocery bags are needed for the food pantry and market sales.

**The Fourth Annual Men's Retreat**

SAVE THE DATE

**The Beatitudes: The Way of Life Our Lady of the Pines Retreat Center  
Fremont, Ohio March 14, 2025**

**March 16, 2025 Retreat Master: Father Lukas Mitro**

**Contact Karl Busam for further information [karl.busam.77@gmail.com](mailto:karl.busam.77@gmail.com)**

**1-419-626-6811**

**Further details will follow Sponsored by Saint Mary Byzantine Catholic Church**

**THE EPARCHY OF PARMA**

**PRESENTS 3RD ANNUAL Family Liturgy & Life Camp Life**

**Transfigured by the Light of the East**

**3-9 August 2025 CEDAR LAKE MINISTRIES CEDAR LAKE, INDIANA**

**STAY TUNED TO [PARMA.ORG](http://PARMA.ORG) FOR DETAILS!**

***It could be me***

**We are creating an activity area in Dormition Hall for our toddlers and preschoolers. A small table and chairs and a rug have been donated. Other items like a small bookcase, floor pillows, books, puzzles and drawing supplies will be needed and welcomed donations.**

**Services for First Week of Great Fast**

**Monday of March 10 – Sixth Hour**

**Wednesday of March 12 - Vespers and Presanctified Liturgy**

**Thursday of March 13 – Jesus Prayer**

**Friday of March 14 - Vespers and Presanctified Liturgy**

<b><u>Services for the Week of March 2 – March 9, 2025</u></b>				
	<b><u>Day</u></b>	<b><u>Time</u></b>	<b><u>Service</u></b>	<b><u>Readings</u></b>
Sunday	<b>March 2</b> <b>Cheesefare Sunday</b>	8:15 AM 10:00 AM 11:30 AM 12:30 PM	Matins Divine Liturgy Luncheon Vespers of the Beginning of the Great Fast	Jn 20:11-20 Rom 13:11b-14;4 Mt 6:14-21
Monday	<b>March 3</b> <b>BEGINNING OF GREAT FAST</b>	6:00 PM	Sixth Hour	Isaiah 1:1-20
Tuesday	<b>March 4</b> Our Venerable Father Gerasimus		No service	Genesis 1:14-23
Wednesday	<b>March 5</b> The Holy Martyrs Conon	6:00 PM	Vespers and Presanctified Liturgy	Genesis 1:24- 2;3 Proverbs 2:1-21
Thursday	<b>March 6</b> The Holy Forty-two Martyrs	6:00 PM	Great Compline	Genesis 2:4-19
Friday	<b>March 7</b> Holy Martyrs and Bishop of Cherson	6:00 PM	Vespers and Presanctified Liturgy	Genesis 2:20- 3:20 Proverbs 3:19- 34
Saturday	<b>March 8</b> We commemorate the Miracle of St. Theodore	5:00 PM	Vespers Confessions	2 Tim 2:1-10 Jn 15:17-16:2
Sunday	<b>March 9</b> <b>Sunday of Orthodoxy</b>	8:15 AM 10:00 AM 11:30 AM 12:30 PM	Matins Divine Liturgy Blessing of icons Luncheon Vespers	Jn 20:19-31 Heb 11:24-26.32- 12:2 Jn 1:43-51
<b><u>Financial update: 2/23/2025</u></b>				
<b>Bakery</b>	<b>Building Fund</b>	<b>Candles</b>	<b>Horizon</b>	<b>Sunday Tithes</b>
\$942.63	\$0	\$118	\$0	\$613.95
<b>Totals \$1,674.58</b>				

## **SUNDAY OF CHEESE-FARE**

### **Romans 13: 11b thru 14: 4**

Brethren: It is now the hour for you to wake from sleep, for our salvation is closer than when we first accepted the faith. The night is far spent; the day draws near. Let us cast off deeds of darkness and put on the armor of light. Let us live honorably as in daylight; not in carousing and drunkenness, not in sexual excess and lust, not in quarreling and jealousy. Rather, put on the Lord Jesus Christ and make no provision for the desires of the flesh. Extend a kind welcome to those who are weak in faith. Do not enter into disputes with them. A man of sound faith knows he can eat any-thing, while one who is weak in faith eats only vegetables. The man who will eat anything must not ridicule him who abstains from certain foods; the man who abstains must not sit in judgment on him who eats. After all, God himself has made him welcome. Who are you to pass judgment on another's servant? His master alone can judge whether he stands or falls. And stand he will, for the Lord is able to make him stand.

### **Matthew 6: 14-21**

The Lord said, "If you forgive the faults of others, your heavenly Father will forgive you yours. If you do not forgive others, neither will your Father forgive you. "When you fast, you are not to look glum as the hypocrites do. They change the appearance of their faces so that others may see they are fasting. I assure you, they are already repaid. When you fast, see to it that you groom your hair and wash your face. In that way no one can see you are fasting but your Father who is hidden; and your Father who sees what is hidden will repay you. "Do not lay up for yourselves an earthly treasure. Moths and rust corrode; thieves break in and steal. Make it your practice instead to store up heavenly treasure, which neither moths nor rust corrode nor thieves break in and steal. Remember, where your treasure is, there your heart is also.

### **On Fasting, Homily 1 by St. Basil the Great, Archbishop of Caesarea in Cappadocia**

3. Do you think that I am resting the origin of fasting on the Law? Why, fasting is even older than the Law. If you wait a little, you will discover the truth of what I have said. Do not suppose that fasting originated with the Day of Atonement, appointed for Israel on the tenth day of the seventh month.<sup>8</sup> No, go back through history and inquire into the ancient origins of fasting. It is not a recent invention; it is an heirloom handed down by our fathers. Everything distinguished by antiquity is venerable. Have respect for the antiquity of fasting. It is as old as humanity itself; it was prescribed in Paradise. It was the first commandment that Adam

received: "Of the tree of the knowledge of good and evil ye shall not eat." Through the words "ye shall not eat" the law of fasting and abstinence is laid down. If Eve had fasted from the tree, we would not now be in need of this fast. "They that be whole need not a physician, but they that are sick." We have been wounded through sin; we are healed through repentance, but repentance without fasting is fruitless. "Cursed is the ground.... Thorns and this<sup>5</sup> "Νηστεία" literally means "not eating." St. Basil is arguing, here, that fasting kills off sin by starving it of the aliment on which it feeds. 6 St. Matthew 6:17. 7 St. Matthew 6:16. 8 Leviticus 23:27. 9 Genesis 2:17. 10 St. Matthew 9:12. 3 tles shall it bring forth for thee." You were ordered to live in sorrow, not in luxury. Make amends to God through fasting. Yet even life in Paradise is an image of fasting, not only insofar as man, sharing the life of the Angels, attained to likeness with them through being contented with little, but also insofar as those things which human ingenuity subsequently invented had not yet been devised by those living in Paradise, be it the drinking of wine, the slaughter of animals, or whatever else befuddles the human mind.

4. Since we did not fast, we fell from Paradise; let us, therefore, fast in order that we might return thither. Do you not see how Lazarus entered Paradise through fasting? Do not emulate the disobedience of Eve; never again accept the advice of the serpent, who suggested eating out of regard for the flesh. Do not use bodily sickness and infirmity as an excuse for not fasting. You are not offering such excuses to me, but to Him Who knows all about you. Tell me, you are unable to fast, and yet you are able eat to satiety throughout your life and oppress your body with the burden of what you eat? And yet, I know of doctors who prescribe for sick people not a variety of foods, but fasting and abstinence. How is it, then, that, while you are able to carry out doctors' orders, you allege that you are unable to keep the fasts ordained by the Church? What is easier for the stomach? To pass the night after observing a frugal diet, or to lie in bed weighed down by an abundance of foods? Or rather, not lying down, but tossing and turning, heaving and groaning—unless you are going to say that it is easier for a helmsman to save a vessel weighed down with cargo than one that is less encumbered and lighter. The one that is laden with a multitude of goods will be submerged when any wave, no matter how low, rears up against it, whereas the one carrying a moderate quantity of freight easily rides the waves, there being nothing to prevent it from rising above the surge. Likewise, the bodies of men, when weighed down by constant surfeiting, easily become overwhelmed by illnesses, whereas, when they avail themselves of simple and easily-digested fare, they not only escape, as from the eruption of a tempest, the suffering that is to be expected from any disease, but also repel like the onslaught of a squall the sickness that is already present within them. In your view, I suppose, it is more laborious to rest than to run and to be still than to struggle—if, indeed, you assert that it is more appropriate for those who are ill to indulge in delicacies than to observe a frugal diet. For the force that governs living creatures naturally engenders moderation and frugality and adapts itself to that which is eaten; but when the body ingests sumptuous and varied foods, this force, being entirely unable to tolerate them, gives rise to a variety of diseases.



**Weekend Divine Services**

**Saturday:** 5 PM Vespers

**Sunday:** 8:15 AM Matins  
10 AM Divine Liturgy

1117 Blaine Avenue, Indianapolis,  
IN 46221

Website: [www.saindy.com](http://www.saindy.com)

Email: [admin@saindy.com](mailto:admin@saindy.com)

**Administrator:** Rev. Mykhaylo  
Shkyndya

**Cantors:** Brian Goshorn, John  
Danovich, Suzanne Goshorn

**Phones:** Office 317-632-4157

**Cell Phone (Fr. Mykhaylo):**  
216-532-6364